

Implementing Wellness Policy Requirements

Is your district or school preparing to implement the wellness policy requirements of the 2010 Healthy Hunger-Free Kids Act? The Alliance for a Healthier Generation's Healthy Schools Program is ready to help.

The 2010 Healthy Hunger-Free Kids Act local wellness policy provisions require districts and schools to:

- >> Involve all stakeholders in the development of the wellness policy
- >> Set goals for nutrition education, physical activity and nutrition guidelines
- >> Measure implementation progress of wellness policy
- >> Publicly report implementation progress of wellness policy

The Alliance's Healthy Schools Program has resources to ensure successful implementation of the school wellness policy provisions. Specifically,

LOCAL WELLNESS POLICY REQUIREMENT	ALLIANCE HEALTHY SCHOOLS PROGRAM
Involve all stakeholders in the development of the wellness policy	Teaches and supports a process to engage school and community stakeholders to build and maintain a strong school wellness council
Set goals for nutrition education, physical activity and nutrition guidelines	Offers a Framework of policies and best practices allowing schools to set goals, identify action steps and identify resources to fit their unique needs all in one dynamic online planning tool
Measure implementation progress of wellness policy	Provides an online assessment tool for schools to track and measure progress in seven wellness areas with regular updates and reporting features.
Publicly report implementation progress of wellness policy	Delivers evidence of progress and implementation. Through Alliance success stories and national recognition schools have the ability to boost visibility of meeting goals.

HEALTHY, HUNGER-FREE KIDS ACT OF 2010 (HHFKA)

Improving child nutrition is the focal point of the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). The legislation authorizes funding and sets policy for USDA's core child nutrition programs: the National School Lunch Program, the School Breakfast Program, the Special Supplemental Nutrition Program for Women, Infants and Children (WIC), the Summer Food Service Program, and the Child and Adult Care Food Program. The Healthy, Hunger-Free Kids Act allows USDA, for the first time in over 30 years, opportunity to make real reforms to the school lunch and breakfast programs by improving the critical nutrition and hunger safety net for millions of children.

The Alliance for a Healthier Generation's Healthy Schools Program provides expert training and resources, at no cost, to more than 14,000 schools nationwide to help them get students and staff eating better and moving more with the goal of reducing the prevalence of childhood obesity. The Healthy Schools Program is available to any school or individual.

Join today at HealthierGeneration.org or 1-888-KID-HLTH.